

Welcome to our Spring Newsletter**News from the Committee****Publicity**

Spring sees the launch of our new publicity and new picture logo. Leaflets and A5 flyers have been designed for public display and we hope they will encourage new growth into the group by increasing memberships numbers, which at the moment stands at 16. You can see some of the new design in this newsletter which flows through all our publicity and there will be some changes to the group website. The articles publicised in the monthly directories promoting the group will continue throughout this year. If anyone at anytime has any ideas they would like to share or would like to contribute to these articles or the newsletter please consult with Lorraine.

Tour of the Guildhall

Catherine Buchanan has offered to give the group a guided tour of the Guildhall in Bury St Edmunds which has undergone some recent refurbishment. Catherine gave a presentation in February and in return for her time she would like a donation to be given on the day of the tour, to the Guildhall. This is open to all members of the group, not necessarily on a meeting date and car sharing to save cost to be considered, bearing in mind the venue is in the town centre. Up to 20 people can go including partners/carers/friends/family. If you are interested dates and times can be arranged.

Summer Outing

Booking confirmed on the Waveney Stardust Stalham All Day Cruise on Wednesday 24th July 2019. Time: 11am-11.30 to 4.30-5pm. Cost £180 for 12 people. More details on transport to and from the destination and members subsidy to follow at a later date. If you would like to go on this boat trip please contact Debby or speak to her at the next meeting.

Positively Crafty

Themed sessions have been set in place up to July:-

April-Easter card May-Silk Painting June-Father's Day card July-Velum Flowers

If you would like to try something different or have any ideas of your own you would like to share, please consult with Beryl. The plan for the latter part of the year will be featured in the Summer edition of the newsletter. Bottles are still to be finished and Boxes are all cut ready for making up and decorating.

Calendars, Valentines and Mother's Day cards have been achieved so far this year. Please look out for any items of craft for sale at the meetings. (see over)

You are welcome to bring a friend or a family member to any one of the meetings.



Bringing likeminded people together

Run for Patients by Patients

2018 Financial Report

Positively Crafty

Income

Session Fee £157.00

Sales £22.66

Donation £2.00

Expenditure

Hall hire £149.37

Catering £44.70

Tutors £80.00

Tools £12.00

Insurance contribution £65.10

SCP affiliation fee £33.00

Total Income = £181.66

Total Expenditure = £384.17

This shows a loss of £202.51 however monies carried forward from previous year means they are in profit in the sum of £198.83 which includes restricted monies of £83.55.



CPSG

Income

Raffle £77

Subscriptions £193

Donations £40.96

Sales £131.03

Expenditure

Postage £129.95

Stationary £8.20

Misc exp £985.07 (catering, speakers donations, flowers, stall fees, outing fees, gratuities, subsidies)

Insurance £65.10

Web hosting fee £60.00

Total Income = £677.89

Total expenditure = £1248.32

Total loss = £570.43

Total of monies held for the year ending **£5444.88**



Events

Lymphoedema Event £18.70, Cockfield Village Show £42.95 (pitch fee £10)

Outings Member contribution to boat trip = £120

Boat Hire £108, Coach fee £320, Christmas meal subsidy £60, Christmas meal monies in and out of account £76

Tutor fees

£30 Homeopathy, £25 Marie Curie, £20 Fans, £20 Dance x 2, £10cathedral = £150

Flowers = £55

The above figures give you an idea of allocation of some of the monies.



A **big thank you** to all of you for your support and contributions to the raffle.

Please send your articles and suggestions to the contact details below.

You can find the in-depth articles on our website www.chronicpainsupportgroup.co.uk

Bringing likeminded people together



Tel: 07724 18 777 4
Email: info@chronicpainsupportgroup.co.uk

Next meeting 21 March
Southgate Com centre